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'THE LOOKOUT'

SUNDAY 9TH SEPTEMBER 2018

THE FIFTEENTH SUNDAY AFTER TRINITY



'Christ and the Canaanite Woman' (c.1500, detail) by Juan de Flandes (1450-1519)

HYMNS THIS MORNING

ENTRANCE	554
GRADUAL	69
OFFERTORY	81
COMMUNION	445 & 333
FINAL	290

BEFORE THE PARISH EUCHARIST

Quiet, please, from 0955 (*a bell will be rung*)

"Talk to God before the service, and to one another afterwards"

The Collect (Opening Prayer) for the Fifteenth Sunday after Trinity

God, who in generous mercy sent the Holy Spirit upon your Church in the burning fire of your love: grant that your people may be fervent in the fellowship of the gospel that, always abiding in you, they may be found steadfast in faith and active in service; through Jesus Christ your Son our Lord, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever. **Amen.**

The Reading from the Old Testament – Isaiah 35:4-7a

Say to those who are of a fearful heart, 'Be strong, do not fear! Here is your God. He will come with vengeance, with terrible recompense. He will come and save you.'

Then the eyes of the blind shall be opened, and the ears of the deaf unstopped; then the lame shall leap like a deer, and the tongue of the speechless sing for joy. For waters shall break forth in the wilderness, and streams in the desert; the burning sand shall become a pool, and the thirsty ground springs of water; the haunt of jackals shall become a swamp, the grass shall become reeds and rushes.

The Gospel Reading – Mark 7:24-37

Jesus set out and went away to the region of Tyre. He entered a house and did not want anyone to know he was there. Yet he could not escape notice, but a woman whose little daughter had an unclean spirit immediately heard about him, and she came and bowed down at his feet. Now the woman was a Gentile, of Syrophenician origin. She begged him to cast the demon out of her daughter. He said to her, 'Let the children be fed first, for it is not fair to take the children's food and throw it to the dogs.' But she answered him, 'Sir, even the dogs under the table eat the children's crumbs.' Then he said to her, 'For saying that, you may go—the demon has left your daughter.' So she went home, found the child lying on the bed, and the demon gone.

Then he returned from the region of Tyre, and went by way of Sidon towards the Sea of Galilee, in the region of the Decapolis. They brought to him a deaf man who had an impediment in his speech; and they begged him to lay his hand on him. He took him aside in private, away from the crowd, and put his fingers into his ears, and he spat and touched his tongue. Then looking up to heaven, he sighed and said to him, 'Ephphatha', that is, 'Be opened.' And immediately his ears were opened, his tongue was released, and he spoke plainly. Then Jesus ordered them to tell no one; but the more he ordered them, the more zealously they proclaimed it. They were astounded beyond measure, saying, 'He has done everything well; he even makes the deaf to hear and the mute to speak.'

Prayers of Intercession

The sick and those who care for them: John Leech, Brian West, Esmé von Habsburg, John Edwards, Margaret Montagu, Deirdre West, Wilson Broom, Barbara Webb, Martin Leaney, Elizabeth Perkis, Sarah Neve, Pippa, Jill Crossland, Lily, Jim Heath

The recently departed: Rupert Webb

Anniversaries of death this week: Harold Lipscombe (10th); Mary Brown (10th); George Howard (12th); Micky Law (12th); Frank Snudden (15th); Jonathan Servaty (15th)

Post-communion Prayer

Keep, O Lord, your Church, with your perpetual mercy; and, because without you our human frailty cannot but fall, keep us ever by your help from all things hurtful, and lead us to all things profitable to our salvation; through Jesus Christ our Lord. **Amen.**

NEXT SUNDAY'S READINGS – THE SIXTEENTH SUNDAY AFTER TRINITY
Isaiah 50:4-9a; Mark 8:27-38 Related readings: Psalm 116:1-8; James 3:1-12



Urgently needed this week: UHT milk, tinned sweetcorn, rice pudding, shampoo, conditioner, women's deodorant. Many thanks for your ongoing support of the Foodbank. Please pray for its work, and for the increasing number of people who rely on its services and our donations.

Children's Church

Plans are coming together for the first Children's Church of the new academic year which happens next Sunday, 16th September. We are really looking forward to welcoming children and parents along. Through the Children's Church we aim to teach and share the gospel, church practices and the celebrations of the church in a fun and engaging environment through story, music, arts and friendship - it is a way for children to begin their journey as followers of Christ. Taught by members of our church family and the clergy it is open to children of school age* and their parents.

Next Sunday we will gather in church for the start of the 1000 service and will move down to St Margaret's Cottage (just next door) for our activities before returning to church for communion.

Parents, please complete a registration form for each of your children before you send them to Children's Church, these are available at the back of church and in the Cottage: please speak to me or Helen Pantis for more information. *Mthr Lucy* (*If your children are below school age but you're interested in what is on offer please do speak to us.)

Church Flowers – volunteer co-ordinator required

Having served as the flower co-ordinator for over 5 years (and what a wonderful job she has done!), Bernie Baldock has decided to step down at the end of October. She will be staying on as a team leader, as there was a vacancy there. The task is more about rotas and contact lists than actually arranging flowers, so might suit someone who is happy simply to co-ordinate the teams. Please be in touch with Bernie for more information, or with me if you might be interested. *Fr Anthony*

Study Group: The Nicene Creed

Fr Anthony will be running a short course on The Nicene Creed, the great statement of faith that we recite each Sunday. Do come along on Sundays 21st and 28th October, and 4th and 11th November. The sessions will begin with Evening Prayer at 1700. All are welcome.

Vintage Tea Dance

Tickets are now available (£10) for the Tea Dance on Saturday 27th October from 1400-1700 in the Village Hall. Bar, bumper raffle and music by the fabulous Victory Sisters.

Tea & Poetry with Sarah Tobias and Anita Gilson

Poems and cakes in St Margaret's Cottage on Friday 5th October at 1500. Tickets will be £5.

We all age, but why do some of us age better than others?

This is the question we are trying to answer in the Department of Psychology at the University of Sussex, Falmer. We run studies into healthy ageing and Alzheimer's disease, which can include brain scans and/or cognitive testing. If you would like to be added to our database of potential participants (whom we contact when we are recruiting volunteers), please email me at r.atkinson@sussex.ac.uk including your name and age. The first stage for all our studies is a 10-minute session that includes a DNA test by cheek swab and registration on our secure database. We will be finishing our current round of registration sessions in the next week (week starting the 10th September), so please get in touch if you would like to come along to a session next week. If you can't make these dates but are still interested, drop me an email and I can contact you when we are running our next DNA testing sessions. When volunteers are registered on our database, we then contact them to ask if they want to participate in specific studies. Thank you. *Rebecca Atkinson, Doctoral Researcher and Associate Tutor, School of Psychology, University of Sussex*

St Margaret's Women's Group

Monday 10th September at 1930 - Autumn Drinks Party with fashion courtesy of Nicky Hooper.

From Christopher Stringer, Funeral Director

Macmillan Coffee Morning on Thursday 27th September from 1000 to 1200 at our office. If anyone from the Church would like to bake a cake or some small cakes please let Chris, Carol or Karen know in our office (01273 306 000). **Christmas Open Morning on Saturday 8th December** from 1000 to 1200 at our office, with mulled wine, coffee and mince pies. We will hold a raffle with all proceeds going to St Margaret's Church. All are welcome to both events.

Floodlighting

The church is being floodlit at night in the month of September by Carolyn Colpitts. 'Lights shining for Philip my husband and Philip Bernard (Pip) our son and only child. How I miss you, my family.' If you would like to sponsor the floodlighting, we suggest a minimum donation of £30 for a month.

SAVE THE DATE!

7th October - Harvest Festival - 1000 Family Parish Eucharist

2nd December - Advent Sunday - 1700 Advent Carol Service

ST MARGARET'S FIFTH GREAT CHRISTMAS TREE FESTIVAL

Friday 30th November, Saturday 1st & Sunday 2nd December 2018

Sponsor the event We are seeking sponsors for this event. Proceeds from the event will go to St Margaret's Church funds. Please give generously, and mark your sponsorship "Christmas Tree Festival 2018", and please include any dedication e.g. 'In Memory of...'. etc.

Enter a tree Any individual, group, business or organisation can enter, guidelines and booking forms can be found on our church website, and from the Church Office. Go on have a go! Closing date for entries is Saturday 29th September 2018.

Festival brochure advertising If you know of any business or organisation that would like to advertise in the brochure, please let us know. Thank you. *Duncan Ward*

MUSIC AT ST MARGARET'S 2018

Friday 14th December at 1930 - Ovingdean Singers Christmas Concert

CHURCH SERVICES & EVENTS THIS WEEK

Sunday 9th	0730	Morning Prayer	0800	Holy Communion
TRINITY 15	0915	Choir Practice	1000	Parish Eucharist
	(1200)	Gate Cottage Communion)	1700	Evening Prayer
Monday 10th	0830	Morning Prayer	1800	Evening Prayer
Tuesday 11th	0830	Morning Prayer	1000	Eucharist
	1030	Singing Kettle <i>in St Margaret's Cottage</i>		
	1830	Evening Prayer		
Wednesday 12th	0830	Morning Prayer	1800	Evening Prayer
	1830	Eucharist & Bible Study	1930	PCC Meeting
Thursday 13th	0830	Morning Prayer	1000	Eucharist
St John Chrysostom	1800	Evening Prayer		
Friday 14th HOLY CROSS DAY	0830	Morning Prayer	1800	Evening Prayer
Saturday 15th September	1000	Morning Prayer		
St Cyprian of Carthage	1300	Wedding of Kerwin Hack & Rachel Lawrence		
	1700	Evening Prayer		
Sunday 16th	0730	Morning Prayer	0800	Holy Communion
TRINITY 16	0915	Choir Practice		
	1000	Parish Eucharist & Children's Church		
	1700	Evening Prayer		